

Enorme Lifestyle Beach

Amoudara, Heraklion

148 Rooms



Overview

Enorme Lifestyle “Adults Exclusive” new hotel brings together every generation. Perfectly located on the Blue Flag Award winning sandy beach of Amoudara, Enorme Lifestyle is a collection of superior rooms, suites and swimming pools. Offers luxury vacations in a comfortable accommodation and a relaxed environment. Welcome glasses of fizz, poolside waiter service, and daybeds on the sleepy, adjoining beach fulfils all your desires.

The main restaurant comes with buffet stations, show cooking and delicious dishes. The breath-taking terrace in front of main swimming pool and Mediterranean sea will offer you an unforgettable view.

Actively work to reduce the environmental impact of and risk by focusing on critical areas, Enorme Lifestyle is not using disposable plastic, complies with ISO14001 and Green Key.

In distance of 7km from Heraklion Airport and just 4km from Heraklion city, Enorme Lifestyle is close to a great selection of shops, restaurants and cafes. Pick your room, enjoy a pool island, lay to a bali bed, enjoy the service at the sandy beach.

Accommodation

	Available	Swim Up	Wet	Max Occupancy
Double Standard	31			2
Double Plus	75	25	3	2
Superior Rooms	31	6	1	3
Jr Suites	11	6		2
Total	148	37	4	

Enorme Lifestyle Beach

Hotel Facilities

- Reception 24 Hours
 - Lobby – TV Room
 - 2 Outdoor Swimming Pools (Sweet water)
 - 6 Sharing Pools (Sweet water)
 - 1 Outdoor Fitness Area
 - Sunbeds, Umbrellas, Gazebos**
 - Laundry Service *
 - Currency Exchange
 - All major Credit Cards are accepted
 - Open: All Year
 - Free use of Wi-Fi in all public areas and guest rooms
 - No pets allowed
 - Beauty Center – Massage – Nails – Coiffure *
 - Massage, Face & Body Treatments available*
- *Services with extra charge*
***Beach Minimum Consumption required*

In-Room Includes

- Wi-Fi
 - Coffee & Tea Facilities refillable daily
 - Nespresso® Machine – Free 2 capsules refillable daily
 - Bottle of Water – Complimentary refillable daily
 - Safety Deposit Box
 - 32" LCD TV
 - Bath Amenities
 - Slippers
 - Beach Towels
 - 15 min Massage of your choice
 - Direct Dial Telephone
 - Satellite TV Channels
 - Hair Dryer
 - Mini Fridge
 - Laundry Service *
 - Air Condition
- * Services with extra charge.*

Contact Details

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Certificates

- ISO 22000
- ISO 14001:2004 Environmental Management
- Blue Flag Award
- Green Key

Notes

- Some facilities are subject to weather permitting and in some cases day & time restrictions and/or changes may apply.
- Buffet meals include vegetarian or healthy food options
- Lunch Basket Notification required a day before (local charge may apply)

Distances & Transportation

- Heraklion Centre – 4 km
- Heraklion Airport – 7 km
- Nearest Beach – 0 m

Enorme Lifestyle Beach

Food & Beverage



Enorme Lifestyle offers a luxury lifestyle experience across all F&B outlets, with a unique concept, as a guarantee that guests receive an unparalleled level of service and exclusive benefits driven by style, attention and care. As of 2020 our Menu is freshly redesigned and our aim is to highlight the traditional Cretan aromas and flavors. We carefully select the best fresh ingredients for our menu from certified organic producers and sustainable farmers in order to introduce to our clients one of the oldest and most tasty gastronomic traditions in the world. Mediterranean, Vegetarian and Vegan cuisine options in all restaurants. And what makes it so very special, is that you can choose to have a wonderful breakfast in the Main Restaurant or a Healthy Breakfast just in front of the sandy beach!

Main Restaurant

Our Main Buffet Restaurant where we create delicious local food, cooking exclusively with Cretan Olive Oil and ingredients from local farmers!

Breakfast

Hellenic Breakfast and delicious Tastes

- 07:00 – 07:30 Early Continental
- 07:30 – 10:30 Breakfast

Dinner

Buffet with cooking stations

- 19:00 – 21:30 Main Buffet

Armonia Eatery

Alternative selection for Healthy Breakfast in front of the sandy beach as well as A La Cart fine dine with sea food.

Break Healthy

Healthy Breakfast, fruitful & delicious. Free option for all.

- 08:00 – 10:30 Breakfast
- 10:30 – 11:00 Late Continental

Dine

Sea food creations

- 19:00 – 22:00 A La Cart *

** Complimentary once per stay. Booking one day before required. 20% Discount on 2nd visit*

Enorme Lifestyle Beach

Food & Beverage



Ammos Beach Bar

The Beach Bar as it should be. All day lounge beach bar with poofs, brewing fine espresso, selection of wines, beers and spirits, snacks and cocktails. Live Bands, DJs, Jazz nights and unforgettable sunsets.

Coffee & Drinks

Brewing great coffee and selections of great spirits

- 10:00 – 01:00 Coffee & Drinks

Cocktails & Bubbles

Great selection of signature cocktails and fizzes.

- 10:00 – 01.00

Snacks

All-time classic selections of delicious snacks, pizzas, pasta...

- 10:00 – 17.30 Snack Bar

Room Service

Feel free to order and enjoy in your room or terrace snacks from our menu

- 10:00 – 01:00

Enorme Lifestyle Beach

Activities



We believe in a world full of activities and this is a daily part to enjoy at Enorme Lifestyle. Yoga sessions in front of the sandy beach during the sunrise, pilates and stretching at our brand new outdoor fitness area. There are so many ways to participate in a session and this is a part of our Fitness & Activities menu!

On top of all, a fitness trainer during the day, to receive tips and advices for your exercises.

Fitness Sessions Included

Daily Schedule

- Yoga Session
- Fitness Sessions
- Cross Circuit
- Pilates
- Boot Camp

Personal Training

On Request

- Fitness Session
- Private Yoga Sessions
- Cross Circuit
- Pilates
- Groups

Activities

Around the Hotel

- Boccia
- Darts
- Table Tennis

Daily Soft Events & Entertainment

Ammos Beach Bar Nights

DJ sessions or Live Bands

Do it like a Greek

Bouzouki sounds and Greek dance

Notes

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Enorme Lifestyle Beach

Fitness Retreat



Improve your physical and emotional well being by joining our Fitness Retreat! Create your own perfect holiday and reach your long term wellness goals through fitness and nutrition. Mix and match high intensity workouts like Cross Training, Beach Boot Camp and H . I.T. with relaxing Beach Yoga and Pilates classes or exciting activities like hiking, snorkeling and bike tours with a wide range of spa treatments to soothe your body and mind. You will experience a true holistic training program which includes strength, endurance and mobility/flexibility sessions and feel what real functional fitness is all about!

Also, you will have the opportunity to attend 2 different interactive workshops. The Cross Training Basics workshop and the Calisthenics Bodyweight Strength. In the first one we will analyze in depth the basic exercises and principles of this popular training method and in the second one you will be taught how to train for strength and hypertrophy using only your bodyweight as resistance and minimal equipment.

No matter if you are already addicted to fitness or just a beginner, you can reach your maximum potential with us by participating in small groups under the guidance of our experienced professional trainer in a well equipped, outdoor fitness club.

Choose your date and enjoy a unique experience of Fitness. More info & details at enormehotels.com and lifestylelresort.gr

Retreat Bookable

Dates

- 01/05 – 15/05
- 15/06 – 30/06
- 15/10 – 31/10

Sessions

On Daily Schedule

- Cross Training
- Sunrise & Sunset Beach Yoga
- Pilates
- H.I.I.T.
- Beach Boot Camp
- Bike Tour
- Snorkeling
- Hiking
- Cross Training Basics Workshop
- Calisthenics Bodyweight Strength
- Workshop

Includes

- 7 day Fitness Session
- Nutritional Meals

Notes

- Nutritional Meals are part of our Food & Beverage options. All participants can use also the rest of the available F&B facilities.